Sam's on the Beach

Polkerris

01726 812255

LOCALS LUNCH

2 Courses £20

3 Courses £25

Available 12-4 Monday - Friday

BEGIN

Soup of the Day
Our kitchen's homemade soup, piping hot with warm sea salt focaccia

Crispy Tiger Prawns
Light golden tempura crunch, sweet chilli dip & dressed leaves

Smoked Cheddar Flatbread
Melted cheese over crisp oven flatbread, fresh herbs & caramelised onion chutney



Twice-Cooked Sea Salted Fries £4.75

Mixed Leafy Side Salad £7.50

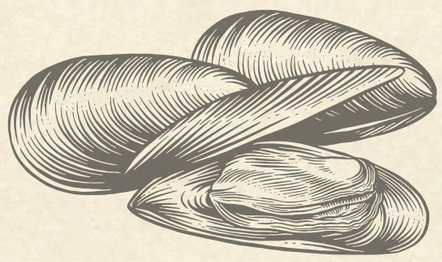
MAIN

Steak & Cornish Blue Pie –
Slow-cooked steak in rich gravy, tang of Cornish Blue under golden crust, buttery mash & garlic-glazed carrots

Sam's Lunch-Size Lasagne –
Layers of rich slow-cooked ragù, bubbling cheese, crisp leaf salad and golden fries

Red Thai Mussels
Local Fowey mussels in fragrant red Thai broth, garlic, spring onion, fresh chilli & warm focaccia

Roasted Red Pepper & Feta Pasta With Fresh Basil, garlic Local Feta Cheese & Pinenuts



Oven-Warmed Focaccia with Olive Oil & Sea Salt £5.00

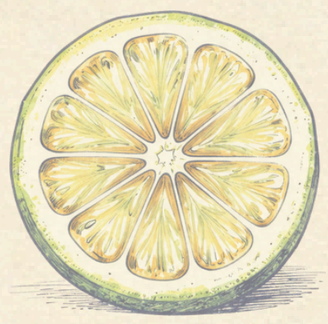
Warmed Focaccia with Cheese £6.00

SWEET

Homemade Fluffy Pancake –
Salted caramel sauce, salted caramel ice cream & toasted walnuts

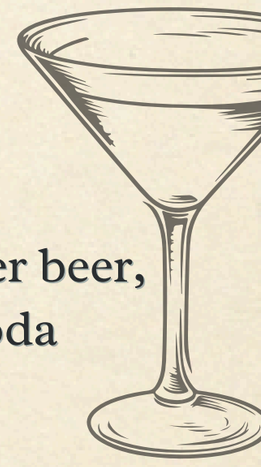
Warm Chocolate Cake –
Vanilla ice cream & chocolate sauce

Zesty Sorbet Duo
Blood orange & Sicilian lemon, a light refreshing finish



Cocktail

Cider Aperol
Cider, Aperol, Ginger beer, apple garnish, soda
£11



Menu Served Daily 12–4pm