



STARTERS

Rustic Garlic Bread (v) £6.95
Lashings of Garlic Butter & Parsley on French Stick With Cheese & Chilli Sauce (v) £8.95

Olives, Homemade Hummus & French Stick (v,vg) £9.50

Fish Soup £10.95
The Original recipe from 88, Rouille, Parmesan & French Stick

Falafel Board (v) £9.95
Tzatziki, Hummus, Olives & Salad

Chilli Beef Nachos Starter £10.45
Guacamole, Sour Cream, Cheese & Jalapeños Main £18.95

Veggie Nachos (v,vg) Starter £10.45
Guacamole, Cheese, Sour Cream, Bean Salsa & Jalapenos Main £18.95

Southern Fried Mushroom (vg) £9.95
Southern Fried Local Oyster Mushrooms, Honey, Mustard Mayonnaise & Salad Garnish

Stracciatella Mozzarella Salad (v) £10.95
Tomatoes, Olives & Fresh Basil

Mackerel Pate £10.95
Mixed Garnish, Toast & Gooseberry Chutney

Thai Tempura Red Mullet £10.95
Rubbed in Garlic, Chilli, Ginger & Coriander Pesto, Mixed Leaves & Sweet Chilli Sauce

Calamari £10.95
Tempura Fried with Mixed Leaves & Lemon Mayonnaise

Chargrilled Sardines £10.50
Cornish Sea Salt, Herbs & Garlic Butter, Toasted Mixed Seeds, Mixed Leaves & French Bread

Moules Mariniere £11.95
Fowey Mussels Steamed in White Wine, Garlic Butter, Onion & Parsley with Salad & French Bread

Prawn Cocktail £9.95
Classic, Sam's Style Marie Rose. Paprika & French Bread

SEAFOOD & SHELLFISH CLASSICS

Calamari £19.95
Lightly Battered Calamari Rings served with Cucumber & Dill Salad with Lemon Mayonnaise

Char-grilled Sardines £20.95
Char-grilled Whole Sardines with Cornish Sea Salt, Toasted Seeds, Salad, Olives & French Bread

Thai Red Mullet £20.95
Lightly Battered Mullet Fillets rubbed with a Coriander & Chilli Pesto, on a Bed of Salad with Sweet Chilli Dip

Fowey Moules Mariniere £21.95
Cornish Mussels Steamed in White Wine, Garlic Butter, Onion & French Bread

Fish, Chips & Mushy Peas £20.95
Fresh Atlantic Cod Fillet in Beer Batter with Chips & Mushy Peas & Tartar (Gluten Free Pan Fried in Garlic Butter)

King Prawn Scampi £21.95
Chilli Marinated Prawns in a Light Tempura Batter with Mixed Salad, Fries & a Spicy Thai Chilli Sauce.

OUR SPECIALITIES

Bouillabaisse for 1 - £32
Rich Fish Stew of Mussels, Cod, Calamari, Red Mullet & Crevettes. for 2 - £60
All served with Homemade Rouille, Bread & Croutons
Add 4 Scallops £10

Seafood Feast for 1 - £32
Moules Mariniere, Crevettes, Char-Grilled Whole Sardines & Battered for 2 - £60
Calamari with Salad, Coleslaw & Bread

Seafood Feast Deluxe for 2 - £76
All of the above Seafood Feast, with Thai Red Mullet & Garlic Pan Fried Scallops
(Scallops when available - if not, extra all above)

ALLERGEN ADVICE

At Sam's we respect our customers individual diets. Our Helpful staff are on hand to answer any allergen questions you might have

THANK YOU FOR DINING WITH US, WE VALUE YOUR CUSTOM.
FOR TABLES OF 6 & ABOVE WE CHARGE 10% SERVICE CHARGE.

20 FORE STREET
FOWEY

01726 832273

WWW.SAMSCORNWALL.CO.UK



BURGERS - With Sides

All our burgers are hand pressed in Sam's to the Original 1988 Recipe. Local mince beef char-grilled on a toasted bun with iceberg lettuce, tomato, onion, gherkin, mayonnaise served with Sam's Slaw & Fries.

The Original Sam Burger 1/4lb £17.95
1/2lb £19.95
Simple and Delicious, straight from the grill.

Cheese Burger 1/4lb £18.50
1/2lb £20.50
Topped with Melted Blue or Cheddar Cheese

Chilli Burger 1/4lb £18.45
1/2lb £20.45
Samburger topped with Homemade Spicy Chilli Beef

Samburger Deluxe 1/4lb £18.95
1/2lb £20.95
Samburger topped with Melted Cheddar or Blue Cheese & Smokey Bacon

Schnitzel Burger £20.50
Breaded Caraway Pork Schnitzel with Melted Cheese & Redcurrant Jelly

The New Yorker 1/4lb £18.95
1/2lb £20.95
SamBurger topped with Cheddar Cheese,, Fried Onions, Mojocriollo Red Cabbage & American Mustard

Scooby Burger £22.95
The Ultimate Scooby Snack! 2 Burgers, Cheese, Bacon, Egg & Pineapple

Sam's Chargrilled Chicken Breast Burger £19.95
Char-grilled Free Range Chicken Breast

Chicken Deluxe with Bacon & Cheese £20.95
Char-grilled Free Range Chicken Breast & Crisp Lettuce with Blue or Cheddar Cheese

Sam's Beats Burger (vg) £19.95
Homemade Beetroot & Chickpea Burger, Mayonnaise, Gherkin, Fries & Vegan Slaw
Add Vegan Cheese £2.00

The Beast Burger £28.95
The Big One Since 1993! A One Pound Monster with Bacon & Cheese

Thai Red Mullet Burger £18.95
Tempura Thai Red Mullet, Chilli, Coriander Rub

Fish Burger £19.95
Beer Battered Cod, Mushy Peas & Tartar Sauce

MAIN DISHES - Served with salad & fries or veg & potatoes

Homemade Lasagne £18.95
Everyone's Favorite Since 88 . Sam's Mums recipe, served with Salad Leaves & Sam's Slaw

Pork Schnitzel £20.95
Panéed in Caraway & Panko Breadcrumbs served with Fries, Slaw, Redcurrant Jelly & Lemon Sea Salt

Kittows Local Herd 10oz Sirloin Steak £34.95
10oz Sirloin Steak served with Mushroom, Onion Rings, Tomato, Fries & Sam's Slaw.

Additional Sauces - Peppercorn, Blue Cheese £3.00

Surf & Turf £42.95
Local Herd Beef, 10oz Sirloin cooked to your liking, Large Crevettes in Garlic, Thermidor Sauce, Sam's Slaw, Salad & Fries

SAM'S CLASSIC SALADS

Sam's Caesar £21.95
Char-grilled Chicken Breast, Cos Lettuce, Mixed Leaves, Anchovies, Flaked Parmesan, Herby Croutons & Caesar

Sam's Niçoise £23.95
Char-grilled Tuna Steak, Mixed Leaves, Tomatoes, Olives, Fine Beans New Potatoes & St Ewe Boiled Egg

Sam's Greek £21.95
Local Made Feta, Tomatoes, Cucumber, Olives, Pickled Red Onion, Oregano, Mint Dressing, Mixed Leaves & Flat Bread

Side Salad £8.45
Mixed Salad Leaves, Tomato, Grated Carrot & Beetroot

DAILY SEAFOOD & MEAT SPECIALS
AVAILABLE
SEE MENU BOARD INSIDE


NEWS
SAMSSAUNA WELLNESS

OPENING AT SAM'S ON THE BEACH SOON
Follow us at @samssauna_wellness for more information

SIDES

Seasonal Veg in Garlic Butter & Sea Salt £6.00
Sam's Slaw - Original '88 Recipe £6.00
Bistro Fries with Salt £6.00
Deli Fries, Parmesan & Truffle Oil £8.00
Onion Rings Stack £6.00
Olives £5.95
New Potatoes in Garlic Butter & Parsley £5.00
Bread - French Stick & Butter £3.00

DESSERTS

Add Clotted Cream £2.00

Chocolate Fudge Cake (gf) £7.95
Served with Chocolate Sauce, Sam's Wafer & Ice Cream

Apricot & Cointreau Bread & Butter Pudding £7.95
Perfect Warm with Vanilla Ice Cream

Homemade Sticky Toffee Pudding £8.95
with Luxury Caramel Sauce

Homemade Summer Pudding £8.95
with Mixed Berries & Cassis Soaked Bread with Fresh Mint & Double Cream

Eden Mess £8.25
Mixed Red Berries, Clotted Cream, Crushed Meringue, Vanilla Ice Cream

Sambocca £7.95
Mixed Chocolate, Vanilla & Strawberry Ice Cream, Whipped Cream, Sprinkles, Marshmallows & Flaked Chocolate

Affogato £9.95
Vanilla Ice Cream, a Shot of Hot Espresso, a Shot of Amaretto, Amaretti Biscuit Crumb. Pour Amaretto & Coffee over the Vanilla Ice, Sprinkle with the Biscuit Crumb to Enjoy a Delicious Caffeine & Boozy Dessert

Citrus Boozy Sorbet (vg) £9.95
Citrus Sorbet, a Shot of Limoncello, Amaretti Crumb or Flaked Almonds (GF without Amaretti Crumb)

BOOZY COFFEE

Irish Coffee £10.00

Bailey's Coffee £10.00

Amaretto Coffee £10.00