

# **STARTERS**

#### Hot Chilli Beef Salad

Served on Crisp Iceberg with Sour Cream 58.00

#### Rustic Garlic Bread

Oddles of Garlic & Parsley Butter on Toasted Ciabatta (Add Cheese & Sweet Chilli Sauce)

(Vg Available) £6.00/£7.00

#### Goats Chee Se Brushetta

Whipped Goats Cheese & Sun Dried Tomato on Toasted Ciabatta, Mixed Leaves & Red Onion Marmalade

(V, Vg) £8.50

### Spicy Chilli Nachos

Served with Guacamole, Sour Cream, Melted Cheese & Jalapenos £9.00/£16.50

#### Vegetarian Nachos

Mixed Bean Salsa, Guacamole, Sour Cream, Cheese & Jalapenos - No Sour Cream, Vegan Cheese (V, Va) £8.50/£16.00

# Tempura Calamaris

With Lemon Mayo & Mixed Salad £9.50

# Thai Tempura Red Mullet

Rubbed with a Garlic, Chilli, Ginger & Coriander Pesto, £9.75 Served on a bed of Mixed Salad & Thai Chilli Dipping Sauce

# Whole Chargrilled Sardines (Cf Available)

Lemon & Sea Salt, Garlic Butter, Toasted Mixed Seeds. Salad Leaves & Ciabatta £9.75

#### Falafel Mezze Board

Hummus, Sun Dried Tomato, Olives & Tzatziki (V) £8.95

#### Moules Mariniere (Cf Available)

Fowey Mussels steamed in a Garlic Butter, Parsley, White Wine, £10.50 Served with Ciabatta

# Sticky Slow Roasted Teriyaki Pork Belly Bites

Slow Oven Roasted Pork Belly Pieces in Teriyaki Sauce, £975 with Sesame Seed & a Mixed Salad

Hummus, Olives, Salad Garnish & Toasted Ciabatta £7.95

#### Garlic Crevettes

Crevettes in Garlic Butter & Parsley served with Mixed Salad & Ciabatta Bread (Gf) £ 9.50

## Duchy Mixed Charcuterie Board

Cornish Meats, Olives, Mixed Leaves, Olives, French Bread & Hummus £10.50

# SAM'S HOT & COLD SALADS

## Classic Superfood Salad

Mixed Salad Leaves, Bean Salsa, Slaw, Tomato, Cucumber, Julienne Carrot, Sprouting Beans, Fine Green Beans, Red Onion, Seeds & Boiled Egg

- OR -

# Hot Wok Superfood Veg

Mixed Sprouting Beans, Julienne Carrot, Broccoli, Fine Green Beans, Cabbage, Parme-

Seeds & Basil

- WITH -

#### Slim Burger

No bun, just a Homemade Chargrilled Burger & Balsamic & Olive Oil

1/4lb - £15.50 • 1/2lb - £17.50

#### Moving Mountain

The best Plant Based Vegan Burger

we have found so far (Va) £16.75 Add Cheese £1.50

# Chicken Breast & Crispy Bacon

Chararilled Chicken Breast, Balsamic Dressing & Parmesan Shavings £18.00

#### Falafel Salad

Traditional Falafel Balls, served with Hummus and Mint Tzatziki

(Vg) £17.00

#### Goats Cheese Crostini Salad

Goats Cheese & Sun Blushed Tomato, Red Onion Marmalade and Balsamic Glaze

 $(\lor)$  £17.00

#### Thai Red Mullet

With Ginger, Coriander & Chilli

£17.50

# COCKTAIL/APEOL SPRITZ O'CLOCK

Eat between 3pm and 5pm and get:

2 House Cocktails for £14

2 Aperol Spritz's for £14

# HAPPY HOUR

Woo Woo Cocktail Cranberry, Archers & Vodka

Aperol Spritz

Classic Italian Prosecco Spritz

Classic Mojitos

White Rum, Gomme, Sode & Mint

Dark & Stormy

Rum, Ginger Ale & Fresh Lime

# **SAMBURGERS**

All our burgers are hand pressed in the Sam's Kitchen to the Original 1988 Recipe. Quality local Mince Beef chargrilled to perfection on a Toasted Sesame Seeded Bun with Crisp Iceberg Lettuce, Tomato, Onion Cherkin, Mayo & served with our Sam's Slaw & Fries. (Cf Bun Available)

# The Original - Samburger

Simple & Delicious, Fries & Slaw 1/4lb - £14.00 • 1/2lb- £16.00

# Cheese Burger

Topped with Melted Blue

or Cheddar Cheese Fries & Slaw 1/4lb - £15.00 • 1/2lb - £17.00

#### Samburger Deluxe

Topped with melted Blue or Cheddar Cheese

& Crispy Smoky Bacon, Fries & Slaw 1/4lb - £17.00 • 1/2lb - £19.00

## Chilli Burger

Topped with Sam's Homemade Chilli Beef,

Fries & Slaw 1/4lb - £17.00 • 1/2lb - £19.00

#### Scooby Burger

The Ultimate Scooby Stack! 2 X Burgers, Double Bacon, Double

Cheese, Grilled Pineapple & a Fried Egg, Fries & Slaw - Boom! £20.00

#### Thai Red Mullet Burger

Tempura Thai Mullet Rubbed, Spicy Chilli Pesto,

Sweet Chilli Sauce, Fries & Slaw £17.00

## Sam's Chargrilled Chicken Burger

Chargrilled, Butterflied Free-Range Chicken Breast with Caesar Dressing, Fries & Slaw

th Caesar Dressing, Fries & Slaw £17.00

#### Sam's Chargrilled Chicken Burger Deluxe

Topped with Melted Blue or Cheddar Cheese and

Crispy Smoky Bacon, Fries & Slaw £18.50

#### THE BEAST

The Big One 1993!

A One Piund Monster Burger with Bacon & Cheese - £26.00

#### THE SUPER BEAST

As above with Extra Melted Cheese, more Smoky Bacon & Double Egg - £29.00

## Moving Mountain Burger

100% Plant Based Burger, Iceberg Lettuce, Tomato, Vegan Mayo, Gherkin Slice, Onion Rings, Fries & Vegan Slaw

(v) £17.00 Add Cheese £19.00

### Falafel Burger

Served with Hummus, Olives & Tzatziki & Slaw (vg) £15.00 Add Cheese £17.00

# MEAT EATERS

#### Pork Schnitzel

Pork Escalope Paneed in Panko Breadcrumbs, Fries, Sam's Slaw,
Cranberry & Port Jelly, Caraway Seeds, Lemon £18.50

#### Sous Vide Beef Short Rib

Slow cooked for 3 Days in our own Donnie Brasco Marinade, with Fries, Sam Slaw & Chilli Sea Salt £24.00

#### Lanhydrock Beef 10oz Sirloin

10oz Sirloin Steak served with Mushroom, Onion Rings,
Tomato, Fries, Sam's Slaw

£28.00
(Additional sauces: Peppercorn, Blue Cheese or Chimichurri £2.50)

## Belly Pork And Black Pudding

Succulent Belly Pork, slow roasted served with Crushed Potatoes on a bed of Leeks & Cabbage, Black Pudding & Gravy, finished with Crackling & Apple Chutney £21.00

#### Surf & Turf

Lanhydrock Herd Beef, 10oz Sirloin cooked to your liking,
Large Crevettes, Fries, Sam's Slaw & Salad
£33.00

# SEAFOOD CLASSICS

#### Calamaris

Tempura lightly battered Calamari Rings served on a bed of Mixed Salad & Lemon Zest Mayonaise (Gf - Pan Fried in Lemon & Oiive Oil) £18.0

## Thai Red Mullet

Red Mullet Fillets, Tempura Fried & Rubbed with a Garlic, Chilli, Ginger & Coriander Pesto, Served on a bed of Mixed Salad with a Thai Chille Dipping Sauce (Gf - Pan Fried in Lemon & Oiive Oil) £17.00

# Fowey Mussels Mariniere

Cornish Mussels steamed in White Wine, Garlic Butter, Onion & Parsley, served With Ciabatta (Gf Available) £18.50

#### Fish, Chips & Mushy Peas

Lightly Battered Catch Of The Day, served with Fries, Mushy Peas & Tartar (Ask to be pan fried for Gf) £15.75

### Chilli King Prawn Scampi. Fries & Salad

Marinated King Prawns in a Light Tempura Batter, Mixed Salad & Spicy
Thai Chilli Sauce. (Gf Pan Fried, No Batter) £16.50

## Thai Fish Curry

Cod, Red Mullet, Crevettes, Moules & Calamaris in a Spicy Red Thai Curry
Sauce £20.00

#### Sardines

Chargrilled Whole Sardines with Cornish Sea Salt, Herbs & Garlic Butter,
Toasted Seeds, Mixed Leaves Olives & Ciabatta (Cf Available) £18.50

# SEAFOOD FEAST - SAM'S SPECIALITY

Delicious Big Seafood Platter of all our Fish & Shellfish Specialities. Moules Mariniere, Chargrilled Whole Sardines, Tempura Calamaris, Crevettes, Served With Salad, Coleslaw & Lemon Mayo

For 1 £27.00 • For 2 £52.00

# **PASTA**

#### Crab Linguine

Fresh Cornish Crab, Chilli & Lime with Linguine Pasta £20.00

## Pasta Carbonara

Bacon & Chicken in a Creamy Carbonara Sauce & Parmesan £18.50

# SIDES

Homemade Onion Rings	£5.00
Bistro Fries with Salt	£4.50
Deli Fries, Parmesan & Truffle Oil	£6.25
Mixed Vegetables	£4.50
New Potatoes - Served in Garlic & Parsley	£4.50
Sam's Slaw - Original 1988 Recipe	£4.25
Ciabatta, Olive Oil & Balsamic	£4.50
Olives	£5.50
Mixed Side Salad	£5.25

# **DESSERTS**

# Lemon Roularde Served With Berry Coulis £8.00

#### Eden Mess

Mixed Red Berries, Crushed Merngue, Clotted Cream,
Vanilla Ice Cream & Sam's Wafer £8.00

### Affogato

Vanilla Ice Cream, Shot Of Espresso, Shot of Amaretto,
Amaretti Biscuit - Ciao Bella! £8.50

# Sambacca

Mixed Chocolate, Vanilla & Strawberry Ice Cream, Squirty Cream.,

Sprinkles, Marshmellows, Rasberry Ciulis, Flaked Chocolate & Wafer £8.00

# Chocolate Fudge Cake

Warmed Chocolate Cake with Chocolate Sauce, Clotted Cream *or* Ice Cream

# WE ALWAYS HAVE DAILY SPECIALS

£8.00

From Fish To Meat; Vegetarian & Vegan SOMETHING FOR EVERYONE ----