

SEAFOOD

PLEASE ALSO SEE OUR DAILY MENU BOARD FOR FISH AND SEAFOOD SPECIALS

BOUILLABAISSSE FOR 1 £24.95, FOR 2 £47.00

SAM'S SIGNATURE DISH. PROVENCAL STYLE FISH STEW WITH TODAY'S CATCH OF MIXED FISH, MUSSELS, CREVETTES & CALAMARIS SERVED WITH HOMEMADE ROUILLE & CROUTONS. SERVED WITH BREAD

SARDINES (GF) £14.95

PAN SEARED & ROASTED IN THE OVEN WITH FRESH HERBS, ROASTED GARLIC & BUTTER. SERVED WITH SALAD GARNISH AND FOCACCIA BREAD.

SARDINES PROVENÇAL (GF) £15.45

PAN SEARED AS ABOVE, COOKED IN THE WOOD FIRED OVEN WITH A MIX OF PROVENÇAL VEG & FRESH TOMATO SAUCE, A DASH OF WHITE WINE, GARLIC & FRESH HERBS. SERVED WITH FOCACCIA BREAD

CALAMARIS £14.95

LIGHTLY BATTERED SQUID, SERVED ON A BED OF SALAD & LEMON MAYO

SEAFOOD LINGUINI £16.95

FRESH COOKED LINGUINI PASTA IN A IN MIXED VEGETABLE MEDLEY OF PEPPERS, FRESH TOMATOES, GARLIC & WINE SAUCE WITH LOCAL MUSSELS, PRAWNS & CHOPPED CHORIZO

SAM'S SHARING SEAFOOD PLATTER FOR 2 £49.95

OVEN COOKED SEASONED SARDINES, CREVETTES, BOWL OF LOCAL MOULES MARINIÈRE, CRISPY TEMPURA CALAMARIS, SALAD & BREAD.

MUSSELS (GF AVAILABLE)

MOULES MARINIÈRE £16.95

SIMPLE AND DELICIOUS. MUSSELS COOKED IN WHITE WINE, GARLIC, RED ONION AND FRESH PARSLEY. SERVED WITH FOCACCIA BREAD

RED THAI MOULES £17.95

MUSSELS COOKED IN RED THAI AND COCONUT SAUCE SERVED WITH FOCACCIA BREAD

EDEN MOULES £17.95

LOCAL MUSSELS COOKED IN OUR OWN EDEN CIDER, SMOKEY BACON AND CORNISH CREAM WITH FOCACCIA BREAD

MEDITERRANEAN MOULES £17.95

MUSSELS & CHORIZO COOKED IN A FRESH TOMATO & VEGETABLE MEDLEY SAUCE WITH FOCACCIA BREAD

* ADD ADDITIONAL CREVETTES TO MOULES DISHES £6

